



Cycling is the ideal way to see and experience the Surrey Hills Area of Outstanding Natural Beauty (AONB), get active and improve fitness.

Cycle Surrey Hills is a network connecting over 80km (50 miles) of byways, bridleways and quiet road routes in South West Surrey. There are 5 interlinking off-road routes providing a variety of options to explore the very best of this beautiful area.

Discover spectacular views, open heathland, fascinating history, an abundance of wildlife, great local pubs and cafes and all only a short distance from London!



**Key**

<ul style="list-style-type: none"> <li>Puttenham Loop</li> <li>Elstead Loop</li> <li>Thursley Loop</li> <li>Frensham Loop</li> <li>Devils Punchbowl Loop</li> <li>Crossing Loops</li> <li>Complete Circuit and where loops converge</li> <li>Terrain Moderate to Difficult</li> </ul>	<p>About the Loops and Circuit</p> <ul style="list-style-type: none"> <li>Suggested start point for loops</li> <li>Waymarker numbering (based on Dutch System)</li> <li>Directional arrows</li> <li>Steep incline</li> <li>Car parks</li> <li>Nearby Stations</li> </ul>	<p>Ordnance features</p> <ul style="list-style-type: none"> <li>Toilets</li> <li>Viewpoints</li> <li>Pubs</li> <li>Historic</li> <li>Café</li> <li>Beach</li> <li>Information</li> </ul>
---	--	--

Scale 0 0.5 1 Mile

© This map contains data derived in part from Ordnance Survey data © Crown Copyright and database rights 2018.



**Off-road cycling code of conduct**

Here are a few key points to remember when you are out and about.

- Ride Responsibly**  
Show respect for all other users, and take care of the environment.
- Leave No Trace**  
Practice low-impact cycling to protect trails and avoid wet and muddy trails. Keep to the line of existing trails, avoid skidding and take your litter home.
- Control Your Bike**  
Stay focussed, check your speed, and think about other people.
- Always Give Way**  
Let people know you are there. Pass wide and slow, particularly with horse-riders and approach with caution on blind corners and descents.
- Avoid Disturbing Animals**  
Farm, pet and wild animals are startled by sudden noise, be considerate.
- Always Plan Ahead**  
Know your bike, your equipment, your ability and the area, and wear appropriate safety gear, and helmet.

CAUTION  
Cycling alongside  
a busy road

Follow minor  
road to the  
side of the A3

Nearby Station  
Haslemere  
to Hindhead  
2.8 miles

Nearby Station  
Farnham  
to Tifford  
3 miles

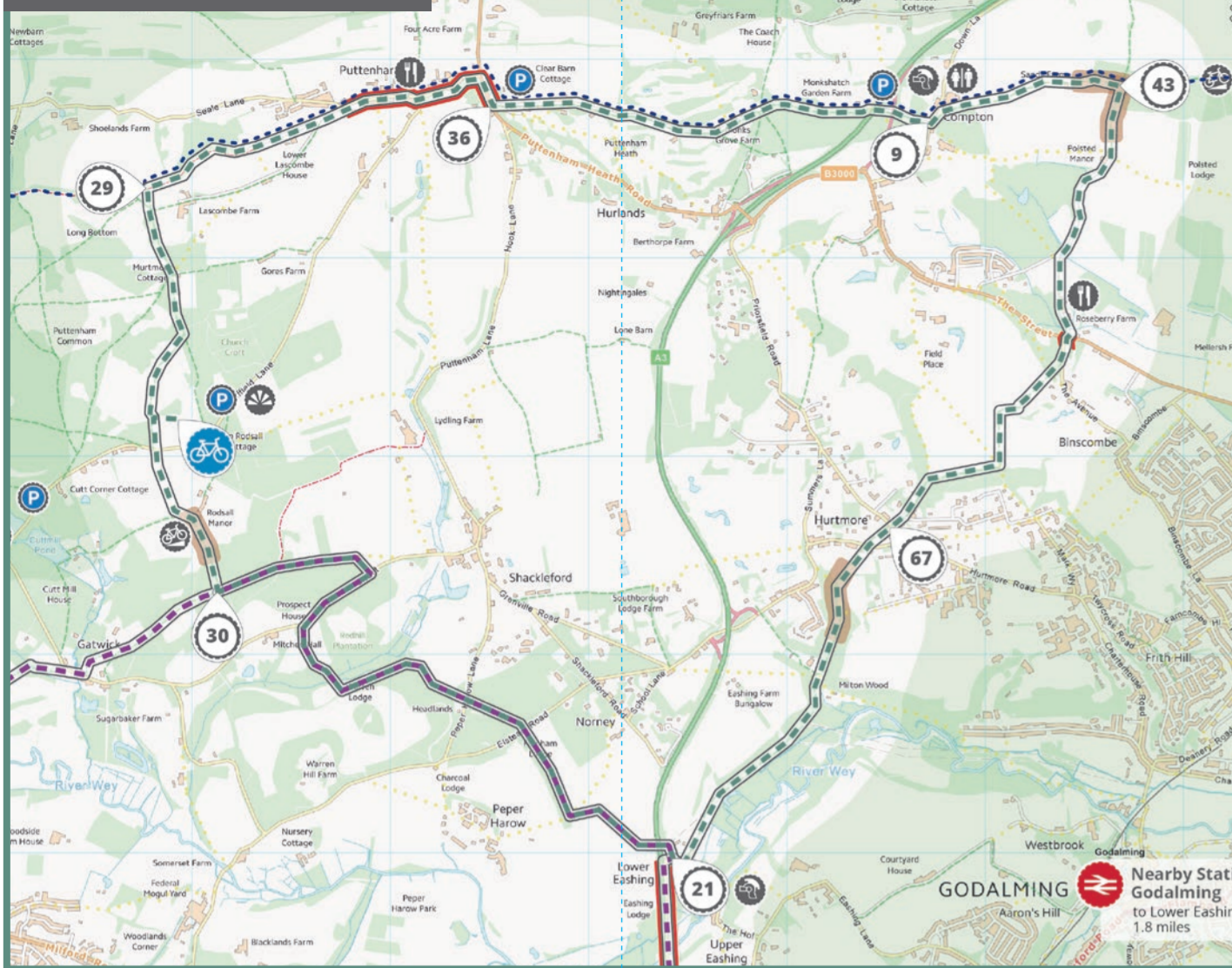
Nearby Station  
Farncombe  
to Hurmore  
1.9 miles

Nearby Station  
Godalming  
to Lower Eashing  
1.8 miles

Nearby Station  
Millford  
to Mousehill Lane  
1.3 miles

Nearby Station  
Witley  
to Thursley  
5.5 miles

## PUTTENHAM LOOP



This ride around Puttenham Common offers spectacular views and an abundance of heathland and wildlife. Many birds visit the reserve, including great crested grebes, green woodpecker and grey heron.

Substantial archaeological finds have been discovered on Puttenham Common including the Iron Age Hill Fort at Hillbury. The area was extensively used by the military during World War II with evidence of slit trenches and rifle range butts.

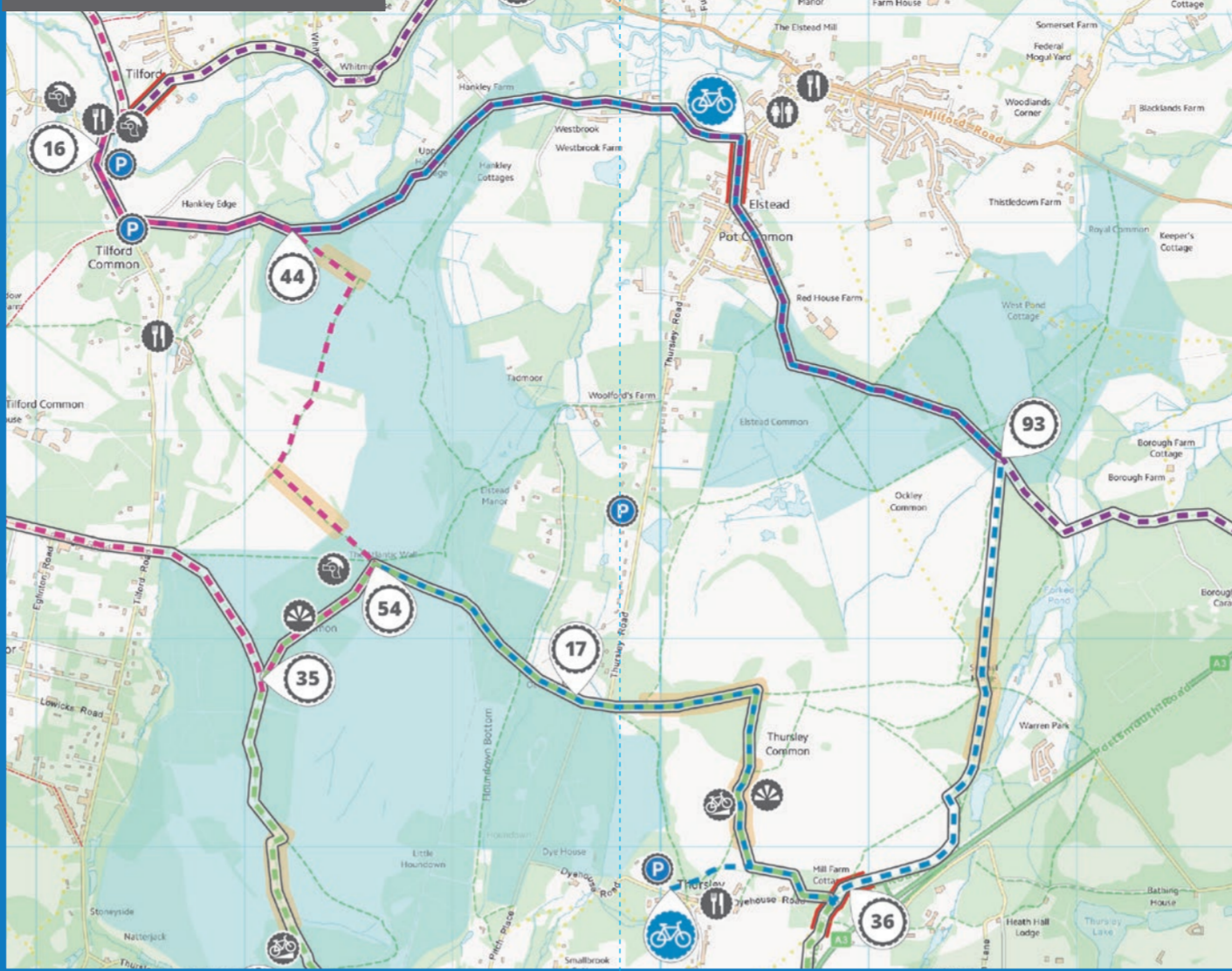
**Start Point:** Puttenham Common Top Car Park, Suffield Lane, Puttenham, Guildford GU3 1BE, Puttenham Village GU3 1AR or Watts Gallery, Down Lane, Compton, Guildford GU3 1DQ.

**Distance:** 17km  
**Time:** Allow 2 hours  
**Ascent:** 313 Metres  
**OS Explorer Map:** 145

**Refreshments & Facilities:** The Good Intent Pub, Puttenham • Watts Gallery Tea Shop, Compton • The Cyder House Inn, Shackleford.



## THURSLEY LOOP



This ride around Thursley Common and Elstead takes you through the Thursley National Nature Reserve, one of the largest remaining fragments of heathland in Surrey situated less than fifty miles from the centre of London.

Discover an abundance of rare wildlife, spectacular views, a replica of the 'Atlantic Wall' used by Canadian troops to practice for the D-Day landings and an eye-catching sculpture of a dragonfly landing on a former electricity pylon!

**Start Point:** The Three Horseshoes Pub, Dyehouse Road, Thursley, Godalming GU8 6QD or The Moat car park, Elstead, Godalming GU8 6LW.

**Distance:** 15km  
**Time:** Allow 1.5 hours  
**Ascent:** 135 Metres  
**OS Explorer Map:** 145

**Refreshments & Facilities:** The Three Horseshoes Pub, Thursley • The Little Barn Café, Elstead • The Woolpack, Golden Fleece or The Mill public houses, Elstead.



## DEVIL'S PUNCHBOWL LOOP



This ride around the iconic Devil's Punch Bowl has the most spectacular views across open heathland. You might even come across grazing cattle and wild ponies! Legend has it that the Devil scooped up a handful of earth and hurled it at Thor, God of Thunder, the depression that remained is the Devil's Punch Bowl.

Discover the Old Portsmouth Road, the Sailor's Stone and the gruesome history of Gibbet Hill!

**Start Point:** Devil's Punchbowl, London Road, Hindhead, GU26 6AB or The Three Horseshoes Pub, Dyehouse Road, Thursley, Godalming GU8 6QD.

**Distance:** 16km  
**Time:** Allow 2 hours  
**Ascent:** 308 Metres  
**OS Explorer Map:** 133

**Refreshments & Facilities:** A National Trust Servery & Café at the Devil's Punchbowl • local shops in Hindhead • The Three Horseshoes Pub, Thursley.



### About the Routes

Cycling is the ideal way to experience the Surrey Hills Area of Outstanding Natural Beauty (AONB), get active and improve fitness.

Cycle Surrey Hills is a network of over 80km (50 miles) of off-road cycle trails in South West Surrey. There are 5 interlinking routes providing a variety of options to explore the very best of this beautiful area.

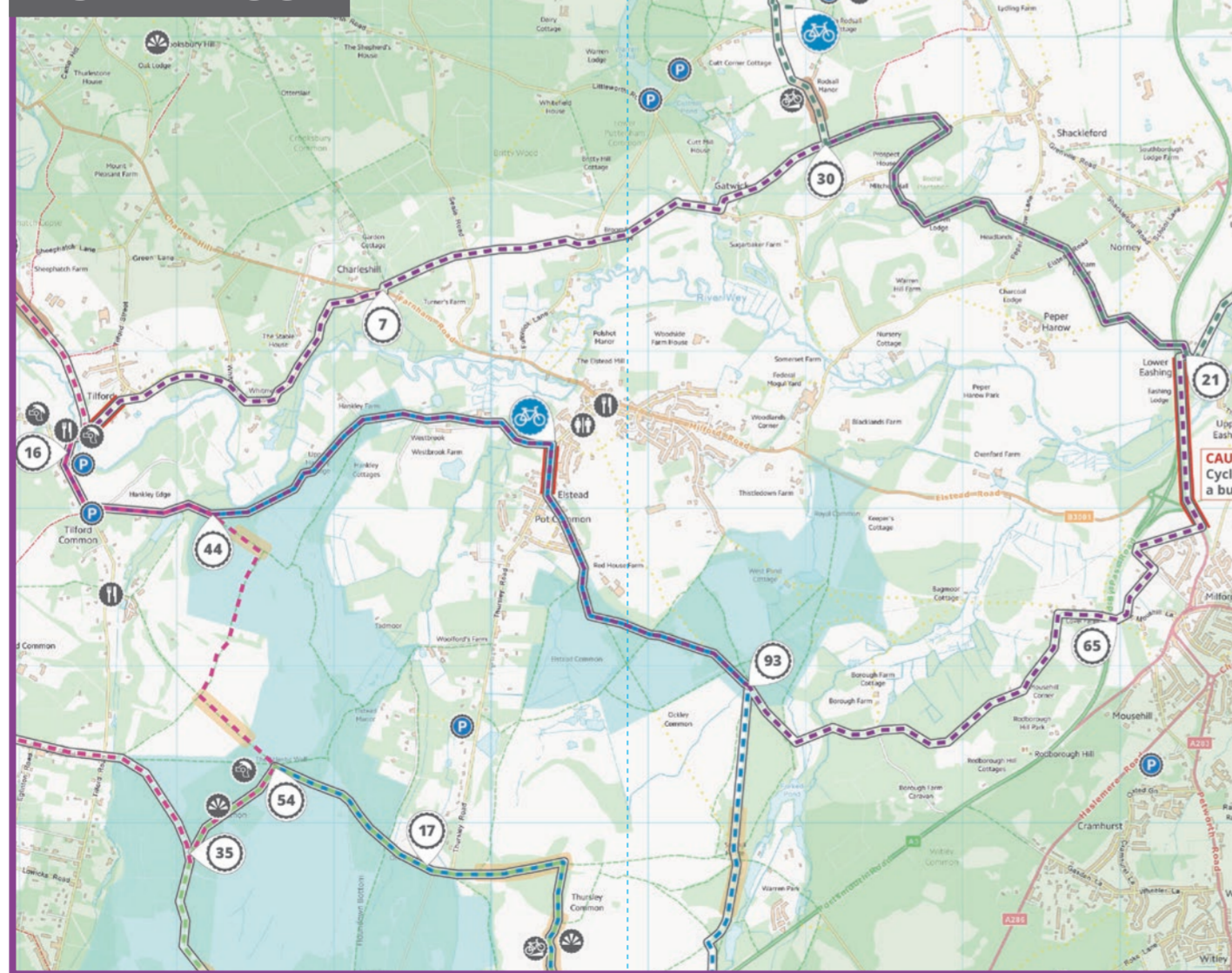
You will need a mountain bike as the trails are mainly on bridleways, that are not suitable for road bikes, and you may need to push through certain sections, particularly when the trails are muddy in winter. The trails are also shared with other countryside users so please remember to 'share with care' and give way to horses and walkers.

### Thank You

In partnership with the National Trust, Surrey County Council and the Surrey Hills Trust Fund.



## ELSTEAD LOOP



This ride takes you across Hankley & Elstead Commons offering some of the finest remaining heathland in Southern England and a nationally important habitat for bird, reptile and invertebrate populations.

Discover a vast expanse of common land, wonderful views and delightful rural villages.

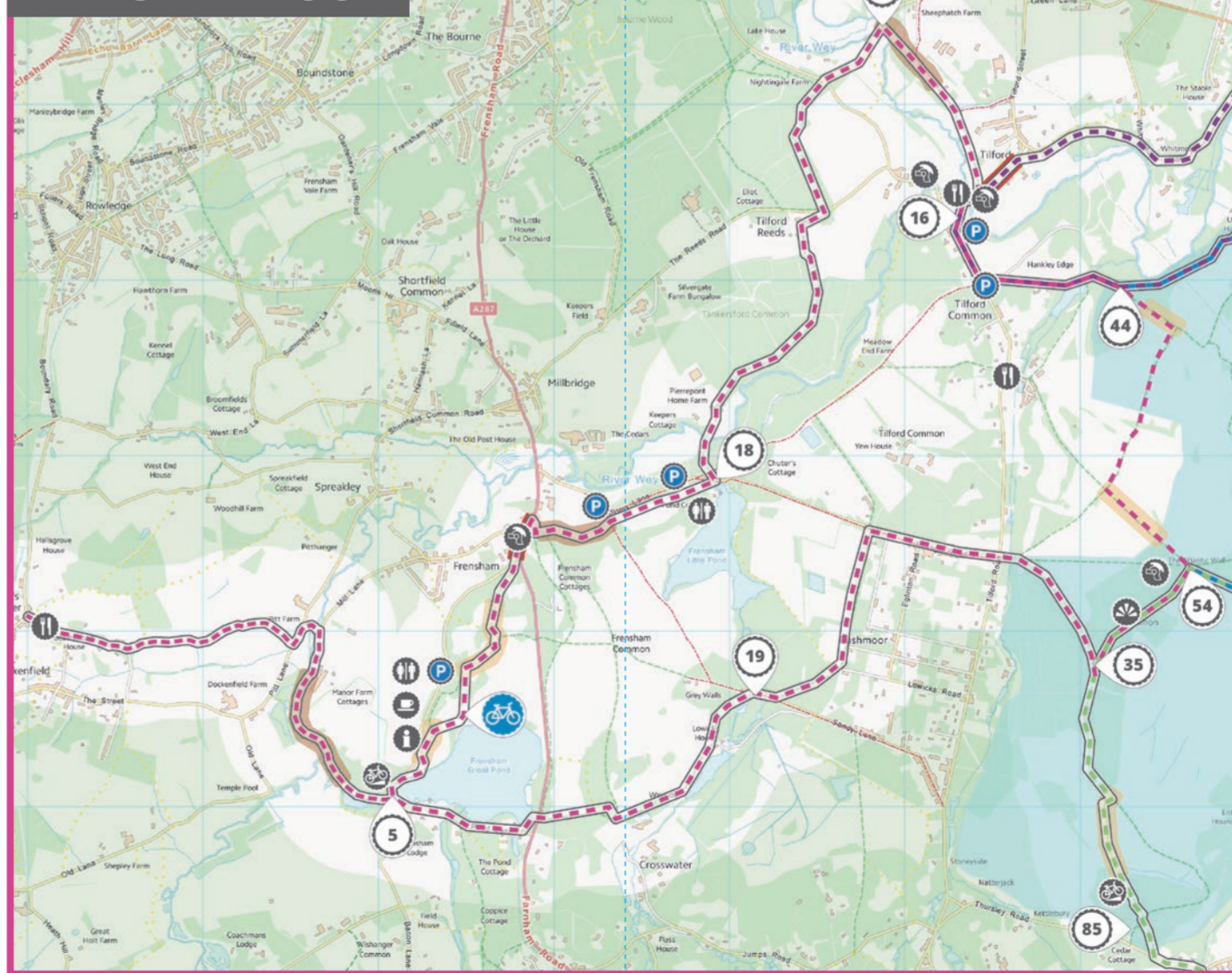
**Start Point:** Elstead Village, Godalming GU8 6DG. (limited parking)

**Distance:** 20.8km  
**Ascent:** 286 m  
**Time:** Allow 2.5 hours  
**OS Explorer Map:** 145

**Refreshments & Facilities:** The Three Horseshoes Pub, Thursley, The Little Barn Café, Elstead or The Woolpack, Golden Fleece or The Mill public houses, Elstead.



## FRENSHAM LOOP



This ride takes you past Frensham Great & Little Pond traversing some of the wildest and most spectacular scenery in the Surrey Hills. The landscape is beautiful and vast here with far reaching views across Frensham Common and the Ponds nestled amongst the heathland. Discover medieval bridges, World War II pillboxes, a replica of the 'Atlantic Wall', used by Canadian troops to practice for the D-Day landings and Surrey's secret beach!

**Start Point:** Frensham Great Pond, Bacon Lane, Churt, GU10 2QB or Frensham Little Pond, Priory Lane, Frensham, Surrey, GU10 3BT.

**Distance:** 17km  
**Time:** Allow 2 hours  
**Ascent:** 168m  
**OS Explorer Map:** 145

**Refreshments & Facilities:** A National Trust Servery at Frensham Little Pond • Snack bar at Frensham Great Pond • Barley Mow Pub, Tilford.



OFF-ROAD  
LEISURE CYCLING  
DISCOVER SOUTH WEST SURREY



www.surreyhills.org

